

PRE-OPERATIVE INSTRUCTIONS

Gadsden Regional Medical Center

Marshall Medical Center

Riverview Regional Medical Center

Dekalb Regional Medical Center

Pre-Admission Testing: Date _____ Time _____

Surgery/Procedure: Date _____ Time _____

- Do not eat or drink anything after midnight the day before surgery except certain morning medications as instructed at pre-admission testing. Candy, mints, gum and smoking/tobacco products are not permitted
- Please wear loose-fitting, comfortable clothing. Keep in mind the type of surgery you are having might include a bulky dressing. Sweatpants, loose pajama bottoms or shorts are appropriate attire.
- Discontinue aspirin, non-steroidal anti-inflammatories (NSAIDS such as Advil, Aleve, Motrin, Ibuprofen and Mobic) and Vitamin E for 7 days prior to surgery. These medications can cause excessive bleeding. Tylenol is acceptable. If you are taking blood thinning medications such as Plavix or Coumadin you must contact your prescribing physician and obtain permission or clearance to discontinue the medication and instructions on how and when to stop and resume the medication before and after surgery. If you are taking immunosuppressive medicines, such as those prescribed for rheumatoid arthritis, you must contact your prescribing physician and obtain permission or clearance to discontinue the medication and instructions on how and when to stop and resume the medication before and after surgery. Herbal medications and diet pills should be stopped 2 weeks prior to surgery.
- Ask your physician or nurse at pre-admission testing if any medication should be taken the morning of surgery. Please bring with you a list of all medications you are currently taking as well as medication(s) you are allergic to. If you have medication you were instructed to take the morning of surgery take it with only a sip of water. Medications commonly included are those for high blood pressure, heart, asthma, seizure disorders and reflux/stomach. If you have asthma inhalers bring them with you the day of surgery.
- You should report to outpatient services on the morning of surgery. You will be contacted by phone the day before surgery with your arrival time.
- A responsible adult must drive you home after surgery. **YOU CANNOT DRIVE YOURSELF HOME.**
- You will need your insurance cards when you arrive at the hospital. Please be prepared to pay any deductibles or copayments at the time of admission. If you do not have hospital insurance or are self-insured you should be prepared to make a cash deposit at the time of admission.

**FAILURE TO COMPLY WITH THESE INSTRUCTIONS WILL RESULT
IN THE CANCELLATION OF SURGERY.**

Medications To Be Stopped Prior To Procedures/Surgeries

Please stop the following medications according to instructions:

14 Days Prior to Procedure	7 Days Prior to Procedure
Persantine (Dipyridamole)	Plavix (Clopidrogrel)
Aggrenox (Acetylsalicylic acid)	Coumadin (Warfarin)
Pletal (Cilostazol)	Pradaxa
Trental (Pentoxifylline)	Meloxicam
Aspirin/Aspirin Products: Anacin Arthrotec Ascription Bufferin Ecotrin Excedrin Goody Powders Norgesic Soma Compound	Celebrex (Arthritis Medicine) Brilinta Savaysa Effient- 7 days Eliquis – 5 days Xarelto – 3 days
NSAIDs: Advil (Ibuprofen, Motrin, Nuprin, Rufen) Aleve (Anaprox, Naprosyn) Celebrex Clinoril (Sulindac) Daypro (Opaprozin) Feldene (Piroxicam) Indocin (Indomethacin) Mobic (Meloxicam) Orudis (Ketoprofen) Relafen (Nabumetone) Surgam (Tiaprofenic Acid) Tolectin (Tolmetin) Voltaren (Flector)	
Naprosyn/ Naproxen (anti-inflammatory)	
Vitamins (not multi)	Ginkgo Biloba (herb)
Fish Oil/Flax seed Oil	
Lovaza	

Aleve (A
 Celebrex
 Clinoril (C
 Daypro (O
 Feldene (P
 Indocin (I
 Mobic (M
 Orudis (K
 Relafen (N
 Surgam (T
 Tolectin (T
 Voltaren (F



John Pirani, M.D.
Manish Shah, M.D.
Merle Wade, M.D.
Dawon Stephens, D.O.
Lauren Hendrix, M.D.
Dale Robertson D.O.

Clinical Urology Associates, P.C.

INSURANCE NOTE

As a courtesy to our patients, we will file your primary and secondary insurance claims. In order for us to provide this service, we need a copy of your most current insurance card and a picture ID. Any payment from your insurance company will come to CUA for our services when we file for you. Please remember that insurance coverage is a contract between the patient and the insurance company. Therefore, any co-payments or deductibles are due at the time of your appointment. You will be responsible for any non-covered services. If your insurance payment is not received with 60 days, the balance will automatically be assigned to you for payment and will be due immediately. **It is the patient's responsibility to find out if the procedure being performed is a covered benefit.** This can be determined by reading your insurance handbook or by calling the customer service number on the back of your insurance card.



John Pirani, M.D.
Manish Shah, M.D.
Merle Wade, M.D.
Dawon Stephens, D.O.
Lauren Hendrix, M.D.
Dale Robertson, D.O.

**Clinical
Urology Associates,
P.C.**

To: Our Patients,

We truly value the opportunity to take care of your healthcare needs. We are very respectful of this and understand the trust you place with us. One thing out of our control is the timing of your surgery at the hospital. Your surgery could be delayed until later that day because of emergencies, complicated cases, and limited operating rooms. We apologize for the inconvenience. Please know that we respect your time.

Respectfully,

The Physicians of Clinical Urology Associates